



# From Ordinary to Extraordinary 1 Day Workshop for Personal Trainers

Take your Personal Training business to a new level

1 day Fitness Australia Recognised Program. Accreditation Code 90872FA0910



## MAIN PRESENTER: ANTHONY GOLDSMITH

A contributing writer for Womens Health and Fitness Australia, Anthony also runs his own accredited workshops for Personal Trainers throughout Australia. In between clients he lectures the next generation of Personal Trainers at Holmesglen Tafe. With over 14 years practical experience, Anthony has developed a strong focus on the needs and goals of his clients, together with his own ideas. Anthony believes Personal Training should be FUN, CHALLENGING and display a strong commitment to CUSTOMER SERVICE.



### In the 'From Ordinary to Extraordinary' Workshop you will;

- Learn the latest, most beneficial cutting edge exercises a lot of Personal Trainers don't know about. Be the best.
- Stand out from other Personal Trainers with a new knowledge of Professionalism and Customer Service. If you don't look after your clients someone else will.
- How to implement Fun and Humor into your training sessions. Create an experience for your clients.
- Learn how to Attract, Retain and Inspire clients to grow your business. Its that little bit extra.

ONLY  
\$399

8CEC's  
(Continuing Education Credits)

## Dates 2010

**Melbourne** / Mantra Hotel  
31 City Road, South Bank

Sat 27th February or  
Sat 12th June or  
Sat 11th September or  
Sat 20th November

Time: 9.00am - 5.00pm

**Sydney** / Cambridge Hotel  
212 Riley St, Surry Hills

Sat 20th February or  
Sat 17th April or  
Sat 14th August or  
Sat 13th November

Time: 9.00am - 5.00pm

**Perth** / YMCA Perth  
201 Star St, Welshpool

Sat 5th June or  
Sat 25th September

Time: 9.00am - 5.00pm

 **performants**

PERSONAL TRAINING | EST: 1989

Please contact  
Anthony on 0417 508 001 or  
visit [www.performants.com.au](http://www.performants.com.au)