

Level 12
385 Bourke Street
Melbourne Vic 3000
Australia

Telephone (03) 9675 6613
Facsimile (03) 9675 7512

To Whom it May Concern

8 November 2007

I have known Anthony in a professional capacity for 3 years as my personal trainer.

In this time I have found Anthony to be extremely reliable and easy to bond with. He is very well respected and liked by both his peers and clients. His excellent communication skills and amiable personality allow him to interact successfully on all levels. He possesses an inner strength and maturity that quickly wins the confidence of colleagues and clients alike.

Anthony has an excellent ability to think on his feet and an uncanny knack of knowing how far to push you. Training sessions are always enjoyable and his knowledge and coaching has assisted me in reaching all my goals.

He has a quiet determination and is extremely self-sufficient, ensuring that his outputs are always of the highest quality. This strength also allows him to cope extremely well with changing circumstances and he has demonstrated his adaptability on many occasions.

Yours faithfully

A handwritten signature in cursive script that reads "Fiona Bloss". The signature is written in black ink and is positioned below the "Yours faithfully" text.

Fiona Bloss